

FOUNDATIONS

Record word and page counts, even when developing ideas rather than actually writing manuscript pages. These counts provide a sense of accomplishment.

Never delete the ideas that you develop. On Wednesday, you may decide to trash your writing; by Friday you may want those ideas back. Even if the ideas stay trashed, they may seed another book. Store any deleted work in an *ideas folder*.

WEEK	FOCUS	START DATE	END DATE	HOURS SPENT	WORD COUNT	PAGE COUNT
1	PICK					
2	SKETCH					
3	KNOW A					
4	KNOW B					
5	BUILD					

Total Number of Days Spent Writing ::

Total Word Count for Foundations ::

Average Number of Words per Day ::

Total Page Count for Foundations ::

Average Number of Pages per Day ::

Actual Page Count for Novel (not research) ::

Actual Word Count for Novel (not research) ::

As the story develops, these beginning ideas may change and even transform.

Story is organic and fluid; let it grow and flow.

WEEK 1 :: PICK YOUR NOVEL

COMPLETION CHART

DAY / DATE	FOCUS ~ BRIEF INFO	PAGE COUNT	WORD COUNT	SESSION TIME
1	IDEA			
2	STORY			
3	PROTAGONIST			
4	ANTAGONIST			
5	THEME			
6	CATCH-UP DAY			
7	REST / PLANNING			
	TOTALS FOR THIS WEEK			

Average this week's total word count with the total page count.

Transfer Total Words and Total Pages to the **Foundations** page, which precedes this one.

Increasing counts create a sense of accomplishment and reveal the power of persistence.

Calculating Words and Pages to Session Time helps determine if you are focused.

WEEK 2 :: SKETCH YOUR STORY

COMPLETION CHART

DAY / DATE	FOCUS ~ BRIEF INFO	PAGE COUNT	WORD COUNT	SESSION TIME
1	INTRODUCE PROTAGONIST			
2	INTRODUCE ANTAGONIST			
3	INTRODUCE SETTING			
4	BACKGROUND / ORIGINS			
5	DEVELOP / RESOLVE			
6	CATCH-UP			
7				
TOTALS FOR THIS WEEK				

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Transfer Total Words and Total Pages to the **Foundations** page, which precedes Week 1.

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WEEK 3 :: KNOW YOUR STORY ~ A

COMPLETION CHART

DAY/ DATE	SUMMARY	PAGE COUNT	WORD COUNT	SESSION TIME
1	BEGIN			
2	A DEAR DESIRE			
3	END			
4	STRESS POINT			
5	NADIR			
6				
7				
TOTALS FOR THIS WEEK				

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WEEK 4 :: KNOW YOUR STORY ~ B

COMPLETION CHART

DAY/ DATE	SUMMARY	PAGE COUNT	WORD COUNT	SESSIO N TIME
1	ZENITH			
2	EARLY EVIL WIN			
3	FINAL BATTLE			
4	EARLY TWIST			
5	BETRAYAL			
6				
7				
TOTALS FOR THIS WEEK				

Average this week's total word count with the total page count.

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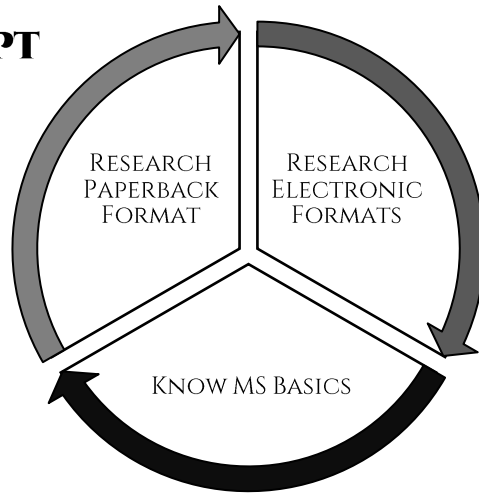
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WEEK 5 :: BUILD A MANUSCRIPT

FOUNDATION

COMPLETION OF RESEARCH



COMPLETION CHART

DAY/ DATE	FOCUS	PAGE COUNT	WORD COUNT	SESSION TIME
4	FRONT MATTER			
5	BACK MATTER			
6				
7				
TOTALS FOR THIS WEEK				

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